

## Honduras

Central America



Travel & Possession Not Permitted Under Any Circumstance



### Summary

Cannabis is strictly illegal in Honduras, with no exceptions for medical or therapeutic use. The country has no medical cannabis framework, and both possession and use, regardless of quantity or purpose, are criminal offenses. Travelers should not attempt to enter Honduras with any cannabis-derived products, including those prescribed for medical treatment.

### Background

Cannabis is classified as an illegal narcotic under Honduran drug laws. There is no government-approved medical cannabis program, and physicians are not authorized to prescribe cannabis in any form.

CBD products that contain any trace of THC are also illegal and may be treated as controlled substances. While discussions of reform have occurred sporadically, no legislative changes have been implemented as of 2025.

### Non-Medical Cannabis

Consumption: Illegal. There are no decriminalized zones or exceptions.

Possession: Criminal offense, even in small amounts. Arrest and prosecution are likely.

Sale & Distribution: Heavily penalized under narcotics trafficking laws, with long prison sentences.

### Traveling to Honduras with Medical Cannabis

Bringing cannabis into Honduras, even with a prescription, is strictly prohibited. Customs authorities do not recognize international medical cannabis permits or declarations.

Attempting to enter the country with cannabis products (including oils, edibles, or vape cartridges) may result in immediate confiscation, detention, criminal charges, and possible imprisonment.



## Steps to Take Before Departure:

- Do not pack or carry any cannabis-based medication, including THC or CBD products.
  - Consult your physician for non-cannabis alternatives that are legally permitted in Honduras.
  - If your condition requires ongoing treatment, ask your doctor for a letter to explain your health needs in case of a medical emergency while abroad.
  - Confirm all your medications comply with Honduran customs and health regulations.
  - Contact the Honduran embassy or consulate for up-to-date import rules regarding prescription drugs.
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## Practical Tips

- Avoid all cannabis-related products, including lotions, balms, tinctures, or CBD oils, even if legally prescribed elsewhere.
- Label all medications clearly and bring them in original pharmacy containers to avoid confusion or suspicion at customs.
- If traveling with complex medical needs, carry supporting medical documents in Spanish, if possible.
- If detained or questioned, remain calm and request to speak with your consulate.
- Check flight stopovers, if connecting through Honduras, cannabis in luggage (even in transit) can lead to legal consequences.

*The information provided reflects the most current data available; however, as cannabis laws are continually evolving, this content should not be interpreted as legal advice.*

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