

PORTUGAL

EUROPE



Travel & Possession Permitted with Limited or No Restrictions



Summary

- Travel to Portugal with prescribed medical cannabis is permitted, with some regulatory requirements.
- Approved forms include oils, dried flowers, and capsules; smoking is discouraged, while vaporization is considered safer.
- Medical cannabis use is regulated by INFARMED, Portugal's national medicines authority, which issues prescriptions and oversees dispensing.

Background

Medical cannabis became legal in Portugal in 2018 (Law No. 33/2018).

Key points about the system:

- Cannabis treatment is only allowed when conventional therapies have failed.
- Only authorized physicians may prescribe marijuana/cannabis, and it must be dispensed at licensed pharmacies.
- Patients do not receive a “medical card” as in some other countries; instead, they are given a standard prescription.
- Approved forms include oils, dried flowers, and capsules. Smoking is discouraged; vaporization is recommended as a safer alternative.

Non-Medical Cannabis

- Consumption: Public use is illegal and may result in fines. Private, adult use is generally tolerated.
- Possession: Possessing up to 25 g of cannabis is decriminalized but may require you to appear before a Dissuasion Commission. Repeated offenses can lead to mandatory counseling or treatment.
- Sale & Distribution: Selling or trafficking cannabis remains a criminal offense with significant penalties. There is no legal framework for commercial sales.



Traveling to Portugal with Medical Cannabis

Travelers may bring up to a 30-day supply of prescribed medical cannabis into Portugal, but prior authorization from INFARMED is strongly recommended.

Steps to Take Before Departure:

1. Email INFARMED's Medicines Information Centre: cimi@infarmed.pt
 - o Request an authorization or confirmation letter to travel with medical cannabis.
2. Copy your message to the general INFARMED email: infarmed@infarmed.pt
3. Include the following details in your request:
 - o Full name
 - o Passport number
 - o Prescription information (medication, dosage, duration)
 - o Travel dates (up to 30 days)
4. Allow sufficient time for processing. While INFARMED can take up to 90 days for licensing matters, travel-specific requests are usually handled faster.

INFARMED Contact Information

- Address: Av. do Brasil 53, Parque de Saúde de Lisboa, 1749-004 Lisboa, Portugal
- Phone: +351 217 987 100
- General Email: infarmed@infarmed.pt

Practical Tips

- Declare your medication when entering or exiting Portugal.
- Keep cannabis in its original packaging, with all supporting documentation.
- Carry your signed medical prescription and any authorization letters.
- Bring only the quantity necessary for your travel period (maximum 30 days).

The information provided reflects the most current data available; however, as cannabis laws are continually evolving, this content should not be interpreted as legal advice.

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